

# Fairfax Pets On Wheels Winter Update

Fairfax Pets On Wheels, Inc

January 2010



## Pat Miller Seminar

Saturday, December 5, 2009 – In the middle of working off excess Thanksgiving weight and preparing for Hanukah and Christmas, FPOW volunteers took time to be educated and entertained by Pat Miller.

Pat Miller, owner of Peaceable Paws, LLC, is a certified professional dog trainer and dog behavior consultant, has published four books, is a contributor to publications such as Whole Dog Journal, Tufts University's Your Dog, Popular Dogs and Bark magazine and offers

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# NBC4 "12 Days of Giving

On Friday, December 18, Channel NBC4 highlighted the Fairfax Pets on Wheels program as one of the 12 charitable/non-profit organizations in its 12 Days of Giving Campaign during the holiday season. The segments ran during their 11am - Noon newscast and again during their 3:30 - 5pm newscast.

With the exhortation, "Remember folks, smile – after all, we are all about happiness", Kathi Baker, John Byrum, Jill Davidson & Lolly, Dave Rybak, Joan Violante and Ruth



Benker & KC looked into the camera and entered the homes of NBC4 viewers as far away as West Virginia.

During both newscasts, Pat Lawson Muse, NBC4 Anchor, interviewed Ruth, Jill and Dave. A telephone bank, staffed by Kathi, John, and Joan, gave the viewing public the opportunity to call in to donate money and get additional information about our program.

The phones started ringing as soon as the cameras focused on Lolly and KC. We got calls for donations as well as for folks wanting additional information about becoming volunteers.

Lolly performed her famous "Ten and Twirl" trick for the camera, while KC was seen answering the phones. There was a lot of laughter in the studio all day and staffers dropped in to meet us ~ well, at least to play with Lolly and KC. It is always heartwarming to see how our pets touch others.

We are most grateful for this opportunity and a heartfelt thanks to Kathy, John, Jill, Dave, Joan, Lolly & KC for making this such a fun day!



Submitted by Ruth Benker

group classes, private behavior consultations, workshops and trainer academies at her 80 acre campus in Fairplay, MD. More information on Pat Miller can be viewed at her website, http://www.peaceablepaws.com.

Pat geared the morning session for the Temperament Testers and Facility Liaisons, focusing on body language, dog behavior and tips on identifying behavior concerns. In addition, a live demonstration of the current Temperament Test was provided for Pat's comment. Her questions and suggestions were quite helpful to the T-Testing Team who is updating the Temperament Test to more clearly articulate what is expected of the potential visiting teams.



Pat's afternoon session helped the participants become more aware of how dogs think and learn. She used video clips to explain operant conditioning & classical conditioning and the four principles of operant conditioning (positive reinforcement, positive punishment, negative punishment & negative reinforcement).

The morning and afternoon session were both very informative and interesting. Pat mixed stories of training her own pets and those who attend her workshops with showing relevant clips from the internet and select pieces of videos from peers in the industry, such as Patricia McConnell. She consistently stressed her philosophy of training through positive reinforcement and reward. She also provided numerous examples of

why the old fashioned techniques of force and coercion do not deliver the desired results and they don't build a positive relationship with your pet, which is what we all want in the end.

A list of resources from Pat's presentation include, The Other End of the Leash, For the Love of a Dog, The Cautious Canine and Feisty Fido by Pat McConnell, Fight, The Culture Clash and Dogs are from Neptune by Jean Donaldson, The Language of Dogs by Sarah Kalmajs and The Power of Positive Dog Training, Positive Perspectives and Positive Perspectives 2 and Juni CAT Video by Pat Miller. Many of the resources are already in the FPOW library or in the process of being acquired and can be checked out by FPOW volunteers. (See page 9 to learn how to access the library.)

The FPOW Board plans to provide additional training opportunities in 2010, and is considering a repeat visit from Pat Miller this fall. Thanks for coordinating December's session with Pat Miller go out to the planning committee: Sabine Arndt, Madelynn Arnold, Patty Kwapniewski, Tracy Van Duston and Michiyo

Vangellow and to Debby Weinstein for negotiating the meeting room at the Virginian and Debbie Zelten for taking photographs at the event.

Submitted by Patty Kwapniewski



## Jan Hogle and Carly

Jan Hogle and her dog, Carly, make a wonderful team who regularly visit the residents living at Mt. Vernon Nursing Center. Jan and Carly have been active FPOW volunteers for over two years.

Jan's husband, Woody, was in the Air Force and they were required to move around the U.S. a lot during his military career. One of the places they were stationed was Cedar Rapids, Iowa. Jan became actively involved in a pet therapy program through the Humane Society in Cedar Rapids, whereby she would visit nursing homes every week with a different therapy dog provided by the Humane Society.

At that time she and her husband did not have a dog of their own since their dog, Nellie had died of cancer a few years before. Jan would visit three or four nursing homes with a screened and tested dog provided by the Humane Society. The program was known as Pet

## Thanks for the Memory

- In honor of Dr. Kristan Gutowski of SouthPaws, as a sign of our gratitude for her diagnosis, care, and support of our dog, Luca, during his emergency spleen surgery. From Dorothy Hae Eun Min, J.D. and Paul S. Hong, Ph.D, along with Dexter and Luca, Arlington, VA
- In honor of Elizabeth (Liz) Breyer, my cousin who is a Director at Large of the FPOW Board of Directors and a Volunteer with FPOW. From Elissa Ely, M.D., Belmont, MA
- In memory of Honey, the beloved Chow-Chow of Mark Roth and David Williamson. From John Byrum, Fairfax, VA
- In memory of Maxx King, the beloved dog and companion of Carol King, Brewer, Maine. Maxx was a wonderful dog, who was Carol's best friend. His other best friend was Brenda, one of Carol's friends, who was like a second Mom to Maxx. Maxx attended doggy day

- care every day where he was a popular senior citizen. He lived a wonderful, long life, and he will be sorely missed. From Allison Stover, Alexandria, VA
- In memory of Sandy Viall, who visited Commonwealth Care for 7-1/2 years for a total of 346 visits. She also visited, through P.A.L. (People, Animals, and Love), at Walter Reed's Wounded Warriors Recovery Wards 57 and 58 a total of 12 visits. From Colonel Charles Viall, Burke, VA
- In memory of Torris, the beloved Birman cat who was loved by Cleta Leeth and the Wilkerson Family. Torris was a special companion to us all. From the Wilkerson Family, Falls Church, VA
- In memory of Kathie Schleede, who was a very special lady and a dear friend. She was a true believer in the FPOW mission. Words cannot express the deep sense of loss I feel. From Kim Wilkerson, Falls Church, VA

Therapy and although it gave nursing home residents association with Jan and her pet for that week, the visits were not the same as Volunteers and their pets in our program.

After Jan and her husband moved to their new home in Alexandria, they got Carly. Jan wanted a dog that not only would be a good companion pet, but a therapy pet as well. Carly is a Coton de Tulear breed – which means Cotton Dog. Carly's fur is soft like cotton and very long. Her coat is fluffy rather than silky and has a long topcoat (which serves her well in the cold weather). This is a typical bichon-type dog, very friendly, gentle, affectionate, and alert. Cotons are very sociable dogs that get along well with children, other dogs and animals. The Coton also makes a great watchdog.

Jan decided that she would like to get Carly involved with FPOW after viewing FPOW's website. Jan was totally impressed with the professionalism and organized management of our program. Jan said she was so impressed with how streamlined and clearly spelled-out everything is with FPOW including the temperament evaluation and actual visits to nursing homes. Carly was about four months old when Jan brought her to Leewood Healthcare Center for evaluation. At that time, she worried that Carly would not be ready because

To make a tax deductible donation to the FPOW Memory Book in someone's memory or honor, please send your check with brief letter to the FPOW address listed on the back of this newsletter (including pet/person's name, to whom you wish acknowledgement mailed, and a brief detail of the occasion). Your memorial will be permanently entered into the FPOW Memory Book, an acknowledgement will be sent, and the announcement will appear in a future edition of our newsletter.

she started barking when they arrived for evaluation, but she settled in and worked very well through her evaluation challenges. Carly could be one of the youngest pets currently serving in the FPOW program to pass her temperament testing with flying colors.

One aspect of the program that Jan particularly likes about the FPOW program is the flexibility of the program – that a Volunteer can visit whenever they want during the week or a weekend, and spend one hour visiting one or two residents or splitting the time up to visit several residents. According to Jan, this is not always the case with other pet therapy programs.

Jan offered the following interesting perspective on

the FPOW program: "There are a few residents who just want to focus on your dog. They just want to pet the dog and maybe reminisce about their own pets (before they came to the nursing home). But a lot of them are yearning for somebody to just pay attention to them, to listen to them, to tell them what's going on in the outside world.

People get the idea that OK, I'm going to go into this nursing

home --- they're going to love my dog, and I'm going to stay there for 45 minutes or an hour and I'm going to feel really good about myself and my dog, which is true, but what they don't realize is that sometimes it's painful. Because sometimes it's hard to know how to relate – somebody is sitting there and they're not quite "with it" and so it goes beyond just relaxing, sitting back and letting somebody pet your dog. I think you have to be willing to get a little bit uncomfortable in order to reach

8429 Lee Hwy. (Rt. 29)

Fairfax, VA 22031-2212

Dr. Caroline Nothwanger

(resident of Stonewall Masor)

(Near intersection of Trosperity+ Lee Stury.)

Dr. Charles A. Williams, Owner

Dr. Janice I. Chu, Hospital Director

703-560-1881

out and touch these people."

Jan told this little story about an incident that occurred a few weeks ago. One of the local Fairfax garden clubs visits Mt. Vernon Nursing Center once a week and brings flowers of the season to the residents. She said there was a woman sitting at the



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ing spoken, probably since she hadn't heard German spoken in a very long time. The gentleman went down to the end of the table and began conversing with the woman in German and her face lit up. These kinds of experiences one encounters during visits to the nursing homes are beautiful and add to the whole dimension of how meaningful our visits can be to the elderly.

Jan likes to add some personal inspiration of her own before making visits to residents. She prays that she and Carly may spiritually touch the residents and bring them some joy and blessings. After conversing with

Jan and watching Carly by her side, I believe her prayers are answered each and every time she makes a visit to the residents of Mt. Vernon Nursing Center.



end of the table by

herself with other

people around the

table, when suddenly

French. Jan knowing

one of the residents

began speaking in

some French from

her school days, re-

an in French. There

present who spoke

several languages

and started to speak

in German. The lady who was sitting at

the end of the table

perked up when she heard German be-

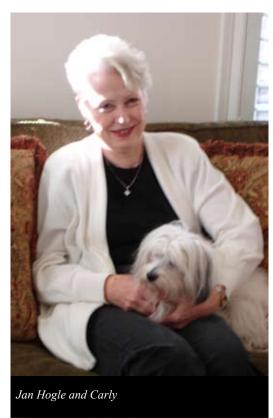
sponded to this wom-

was also a gentleman

Submitted by David Rybak

# Maddie & Ellie's House provided a HOWL-ing Good Time

On Sunday afternoon October 25, Maddie and Ellie's House ("dog daycare, boarding and more") was visited by a steady stream of friendly costumed dogs and their proud providers who gathered for canine games, raffles, and prizes. Organized by proprietor Michele Melius this event is aptly named Happy Howl-a-Ween. Funds raised at the event, including several individual donations, were donated to FPOW totaling \$240.



A variety of fun activities, including "Bobbin' Biscuits," "Dunking Duckies," "Mutt Maize," "Bone Yard", "Howlin' Hounds" and "Hangin' Hotdogs" engaged the attendees who participated in selected pursuits for a nominal fee.

In addition, Melius and her assistants set up a people-feeding station that freely dispensed cookies, candies, and sodas to hungry and thirsty dog owners

and their families. John Byrum attended on behalf of FPOW and, after setting up an informational station for the program, was assigned the rewarding role of serving as the official portrait photographer for those owners who wanted mementos of this enjoyable occasion; five pictures were taken of each entrant that were then emailed to their homes. In addition, generous prizes (certificates for boarding, grooming, etc.) were awarded for such categories as "Most Creative Costume."

When asked to elaborate her decision to select FPOW as the designated charity for the occasion, Michele explained: "I first heard about Fairfax Pets on Wheels when participating in their annual Paws For A Cause back in 2005. Pets are such wonderful creatures, so loving, forgiving, and patient. They can break barriers when humans can not. That's why we like to support your organization's philosophy of enriching the lives of so many in our area.

We think several of our regular daycare dogs would be great volunteers, and we have encouraged them to participate with your program. We are excited to be work-





ing with such a great cause." More info. (including a photo gallery) about Maddie & Ellie's House, 13944B Willard Rd, Chantilly, 703-263-7252 available at: www. maddieandellieshouse. com.

Submitted by John Byrum



## Helpers Wanted

The Temperament Evaluation volunteer team is putting the call out for volunteers to help with the monthly pet evaluations. You'll greet the potential visiting teams as they arrive, collect the form they fill out on-site describing their dog or cat, help the Evaluators by manning a wheel chair or walker and maneuver the "swifter" to ensure the floor's as clean when we leave as it was when we arrived. Evaluations are scheduled one evening per month and the hours are generally 6:15-9:15, the location is Leewood Nursing home and if you like meeting people and their dogs (or cats), this opportunity has your name written all over it. For more information, please contact Patty Kwapniewski, pak@peakin.com, or 703-390-1388.

# IS YOUR DOG A CANINE GOOD CITIZEN?

JOIN FPOW FOR THE CGC TEST ON MARCH 20.

The Canine Good Citizen program was developed by the American Kennel Club to teach responsible dog ownership and to certify that dogs have been trained to be well-behaved in the home, in public places, and in the presence of other dogs. The CGC test has become a national benchmark for well-trained dogs. In addition to teaching your dog to be a model canine citizen, CGC training provides good foundation training for other fun canine activities—Obedience, Rally, and Agility.

The CGC test is open to both purebred and mixed breed dogs. It is noncompetitive—the goal is to show that your

dog can be a well-behaved member of its community. Dogs that pass the test are listed in the CGC records of the American Kennel Club, and if your dog passes the test, you can order a certificate from AKC attesting to your dog's achievement.

## Dates to remember

BOD Meeting at Leewood: March 1, 7:00 pm

**CGC Test**: March 20 (Rain Date April 10)

**Newsletter Submission Deadline: March 30** 

Annual Volunteer Recognition Event:
April/May, Date/Place To Be Determined
Event Committee help needed, if YOU can help
E mail dfspetsonwheels@fairfaxcounty.gov

BOD Meeting at Leewood: June 7, 7:00 pm

Newsletter Submission Deadline: June 30

<u>Paws for a Cause</u>: October 3, Noon Weber's Pet Supermarket

The CGC test consists of ten items that range from accepting a friendly stranger to sits/downs/stays to reactions to distractions or to other dogs. You can find everything you ever wanted to know about the CGC program and the test at the AKC website—AKC.org. Just enter "Canine Good Citizen" in the search engine. FPOW will sponsor a CGC test on March 20, 2010 (rain date—April 10, 2010) at the Powhatan Nursing Home, 2100 Powhatan Street, Falls Church, VA 22043. We will conduct tests from 9 a.m. to 1 p.m. The test takes approximately 10-15 minutes. The cost

proximately 10-15 minutes. The cost is \$10 per dog tested. Walk-ins are welcome, but priority will be given to people who register in advance. So, you will want to sign up now!

Submitted by Liz Breyer

## Frequently Asked Questions

- 1. What will my dog have to do on the CGC test? The CGC has ten items: accepting a friendly stranger; sitting politely for petting; appearance and grooming; out for a walk (walking on a loose leash); walking through a crowd; sit and down on command and staying in place; coming when called; reaction to another dog; reaction to distraction; and supervised separation. Find detailed descriptions of these items at AKC.org.
- 2. Will my dog need any special preparation to take the CGC test? After you have looked over the test items, you can decide if your dog needs any additional preparation for the test. Your dog may be able to do all of the test items already—or you may feel that a little more training is needed.



- **3. What kind of equipment do I need to bring to the test?** You will need a leash (leather or fabric). Your dog must wear either a well-fitting buckle or slip collar (including martingales) made of leather, fabric, or chain. Special training equipment such harnesses, pinch collars, and head halters are not permitted. You will need to bring a brush for your dog.
- **4. Do I have to pre-register? Can my non-FPOW friends test their dogs?** We will give priority to pre-registered FPOW volunteers. FPOW volunteers who have not pre-registered can take the test on a space-available basis. If we have additional time, we will happyily test dogs that are not FPOW volunteers.
- **5.** How much will the test cost? The test will cost \$10 per dog tested. You can order a CGC certificate (suitable for framing!) directly from AKC for an additional \$8.00, payable to AKC.
- **6. What if it rains/snows/sleets?** If the weather is bad on March 20, we will hold the test on Saturday, April 10.
- **7. How do I sign up?** Cut out the registration form below and send it, with a check (made payable to FPOW) for \$10.00 for each dog to be tested. Mail to: Sabine Arndt, 6610 Mulroy Street, McLean, VA 22101. Please be sure to make your check out to FPOW, and not to Sabine.
- **8.** I have more questions. How do I get answers to them? We have answers! Just email your questions to fpow.seminar@gmail.com.

## FPOW CGC TEST REGISTRATION FORM March 20,2010 (Rain Date April 10, 2010) Yes, I'd like to bring my dog to FPOW's Canine Good Citizen testing. Enclosed is my check for \$10.00 for each dog to be tested, made payable to FPOW. Name: \_\_\_\_\_\_ Phone number: (\_\_\_\_\_) Email address: At which facility do you volunteer? Name(s) of dog(s) to be tested: I prefer to test: (please check one) between 9am and 11am П between 11am and 1pm Please note: Your Please send check (payable to FPOW) and registration form to: regitration form Sabine Arndt must be received 6610 Mulroy Street by March 10, 2010. McLean, VA 22101



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## **FPOW Library Program**

- 1. Request a title by sending an email with your name and your home address along with the title of the book or DVD requested to: bouvsfurever@yahoo.com. If you don't have email, call 703-641-8850 and leave a detailed message with your name, address and phone number and the title you wish to borrow. If the title is available, the book (or DVD) will be mailed directly to you. Or if you want to pick it up directly from the FPOW Librarian, that can be arranged as well.
- 2. Keep the book or DVD for up to 30 days
- 3. Return the book in the stamped and addressed envelope that came in the envelope with the book, or return it directly to the FPOW Librarian.
- 4. If you have any questions, please email the above address or call 703-641-8850.

Note: Please treat the library materials carefully – if you lose or damage something, you will be expected to replace it or be charged for the cost of replacing it.

If you have recommendations for books, videos or other material to share with other FPOW volunteers, please send them to bouvsfurever@yahoo.com for consideration as we add more titles to the library.

We hope you enjoy this volunteer member benefit!

### **General Training**

- A Guide to Dog Sports: From Beginners to Winners-Claire Koshar
- 2. Canine body language B. Aloff
- 3. Cesar's Way Cesar Millan
- 4. Click for joy (Tricks book) Melissa Alexander
- 5. "Culture Clash, Jean Donaldson"
- 6. "Dogs are from Neptune, Jean Donaldson"
- 7. "Don't Shoot the Dog!: The New Art of Teaching and Training, Karen Pryor"
- 8. Dr. Dunbar's Good Little Dog Book Dr. Ian Dunbar
- 9. "Excel-Erated Learning: Explaining in Plain English How Dogs Learn and How Best to Teach Them, Pamela J. Reid"
- 10. How to teach a new dog old tricks Ian Dunbar
- 11. On talking terms with dogs: Calming Signals Trid Rugaas
- "Positive Perspectives: Love Your Dog, Train Your Dog - Pat Miller"
- 13. "Smart Trainers, Brilliant Dogs, Janet Lewis"
- 14. "The Other End of the Leash, Patricia McConnell (2 copies one hardcover, one softcover)"
- 15. "The Power of Positive Dog Training, Pat Miller,

- Jean Donaldson"
- 16. "The Ultimate Puppy Toolkit, Premier (guide to raising a happy, well adjusted dog)"

#### Communication

- 1. "Animals in Translation: Using the Mysteries of Autism to Decode Animal Behavior, Grandin Temple"
- 2. "Compassion: Our last Great Hope, Leo Bustad."

#### Health

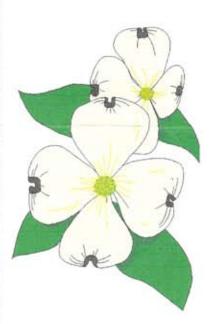
- Dog health and nutrition for dummies M. Christine Zink
- 2. Therapy Work
- Delta Society Animal-Assisted Therapy Standards of Practice
- 4. Delta Society Team Training Course Manual
- 5. "Handbook on Animal-Assisted Therapy: Theoretical Foundations and Guidelines for Practice, Aubrey H. Fine"
- 6. The new work of dogs John Katz
- 7. "Therapy Dogs Today: Their Gifts, Our Obligation, Kris Butler"
- 8. "Therapy Dogs: Training Your Dog to Help Others, Kathy Diamond Davis"
- 9. "Wanted: Animal Volunteers, Mary Burch"

#### General

- 1. "A Puppy Primer (pamphlet), Pat Miller "
- "It's Okay to Cry Pet Loss and Grief (pamphlet), Pat Miller "
- 3. "Marley & Me, John Grogan"
- 4. CD Preparing Fido A comprehensive collection of baby sounds to help you lovingly prepare your pet for the arrival of your new baby Blessings Unlimited
- 5. Understanding Alzheimers Disease (pamphlet from Alzheimers Association) from US Dept of Health and Human Services
- 6. Understanding Memory Loss (pamphlet from Alzheimers Association) from US Dept of Health and Human Services
- 7. Best Behavior: Unleashing Your Dog's Instinct to Obey by Tufts University
- 8. For the Love of a Dog by Patricia B McConnell
- 9. Penny's from Heaven by Patsy Swendson
- 10. Dog Is My Co-Pilot from the Editors of Bark
- 11. "From Baghdad, With Love by Lt. Col Jay Kopelman w/ Melinda Roth"
- 12. DVD The Language of Dogs Understanding Canine Body Language and other Communication Signals by Sarah Kalnajs
- 13. DVD Really Reliable Recall Train your dog to Come when called?. No Matter What featuring Leslie Nelson
- 14. DVD For the Love of a Dog: The Biology of Emotion in Two Species by Patricia B McConnell
- 15. DVD Both Ends of the Leash (2nd edition) by Patricia B McConnell

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### Fairfax Pets on Wheels - Merchandise For Sale

To order Fairfax Pets on Wheels merchandise, just fill out the form below making sure to include your mailing address and phone number. Mail to: Brenda Pitts, 5910 Camberly Avenue, Springfield, VA 22150. Include a check payable to Fairfax Pets on Wheels, Inc. If you would like your items mailed to you, add \$5 to your check. If you have any questions, please call her at (703) 913-7663 or email her at reed88@cox.net

Name:			Address:		
City & State:			Phone Number & Email:		
Merchandise	Price	Size	Color	Quantity	Total
Bandana	\$5	5 or L	Blue, Red, Burgundy, & Hunter Green		
		L only	Red w/Black Paws		
Lanyards	<b>\$</b> 5	N/A	Blue		
Xmas Tree Balls (no mail)	\$10	Ball	White w/Blue Lettering		
Coffee Cups (no mail)	\$10		Navy w/White Lettering		
Backpacks	\$10	N/A	Black		
License Plate Frame	\$5	6 3/8" x 12 ½"	Blue w/White Lettering		
Note Cards (8/pkg.)	\$5	N/A	2 ea 4 different designs		
Leads	\$12	1' × 5/8", 2' × 1/2"	Leather		
	\$15	2' x 3/4"	Militar Disab Dad Nissa		
*Embroidered & Length	\$30	X5, 5, M, L, XL	White, Black, Red, Navy,		
Sleeve T-Shirt (Ladies Shirts)		2XI \$2 more 3XL \$4 more	Lt. Pink, Lt. Blue, Faded Blue, Lilac, Turquoise, & Banana		
Leashes-Embossed w/FPOW	\$10	Thin or Wide	Leather (6' w/ring to make 4')		
Sweatshirts	\$15	5, M, L, XL	Burgundy, Hunter Green		
Long Sleeve T-shirt	\$14	5, M, L, XL	Blue, Red, Washed Denim,		
		5, M, L	Crimson		
V-Neck Short Sleeve	\$14	5, M, L, XL	Caribbean Blue, White,		
T-Shirt (Ladies Sizes)		2XL \$2;3XL \$4	Black, Key Lime		
Short Sleeve T-shirt	\$10	5, M, L, XL	Blue		
Short Sleeve T-shirt	\$10	5, M, L, XL	Red		
Short Sleeve T-shirt	\$10	5, M, L, XL	Black		
Short Sleeve T-shirt	\$10	XL	Light Gray w/White Lettering		
Short Sleeve T-shirt	\$10	5, M, L, XL	White w/Black Lettering		
Short Sleeve T-shirt	\$10	5, M, L, XL	Blue Spruce		
Short Sleeve T-shirt	\$10	5, M, L, XL	Gray w/Black Lettering		
Short Sleeve T-shirt	\$10	5, M, L, XL	Indigo Blue		
Short Sleeve T-shirt	\$10	5, M, L, XL	Burgundy		
Short Sleeve T-shirt	\$10	5, M, L	Chestnut		
Short Sleeve T-shirt	\$10	5, M, L, XL	Teal		
Short Sleeve T-shirt	\$10	M, L	Serene Green		
Paws (2009) T-shirt	\$10	5, M, L, XL	Rust w/Black Lettering		
Polo Shirt	\$20	5, M, L, XL	White or Blue		
Men's or Ladies (please circle)			(please circle)		
*Denim Shirt	\$35	5, M, L, XL	SLEEVE LENGTH		
Men's or Ladies	4	2XL (\$4 extra)	SHORT or LONG		
(please circle)		3XL (\$5 extra)	(please circle)		
			TOTAL ORDE	POSTAGE R AMOUNT	\$5.00



### Are A Breed Apart

Fairfax Pets On Wheels, Inc. Fairfax Area Agency On Aging 12011 Government Center Parkway, # 708 Fairfax, VA 22035-1104

> Fairfax Pets On Wheels, Inc

Fairfax Pets On Wheels, Inc. is a volunteer program working with the Fairfax Area Agency on Aging,

12011 Government Center Parkway, #708, Fairfax, VA 22035-1104. FPOW Volunteer Hotline: (703) 324-5424. Visit: www.fpow.org Please use the FPOW Hotline number for non-emergency calls if you are a FPOW volunteer or one who is currently in the pipeline. Someone will either act upon your message or return your call if more information is required.

#### FAIRFAX PETS ON WHEELS BOARD OF DIRECTORS

The Executive Committee:

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Director of Volunteer Relations - vacant

Director of Fund Development - vacant

Director At Large - Liz Breyer

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Director At Large - Cara Schantz

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#### EDITORIAL POLICY

This is your newsletter. Fairfax Pets On Wheels, Inc. volunteers may contribute articles for publication. Articles will be reviewed by the editors. We reserve the right to edit any item submitted for publication. We cannot guarantee the return of documents or photos (if used). Because Fairfax Pets On Wheels, Inc., is under the sponsorship of the Fairfax Area Agency on Aging, the FPOW Newsletter must be approved by the FAAA prior to publication. In addition, Letters to the Editor are welcome and encouraged. Letters must be signed but, if requested, your name will be withheld.

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